

ENTRY

DEADLINE: **Monday, April 13, by noon.** Email Entries are preferred. Meet Entry Fees and waiver may be sent via standard mail and must be received by Thursday, April 16, 2009. No phone entries will be taken. This meet is being run with HY-Tek swim software. No seed times will be changed once the entry chair has seeded the meet.

Email entries to: troberts2@wi.rr.com.

Mail Check and Waiver: Cindy Budnik, W172 S7707 Lannon Drive Muskego WI 53150

ADMISSIONS: Admission for spectators over 13 years old is \$4.00. Heat Sheets included.

CONDUCT: Each team is responsible for the conduct of its swimmers. In compliance with the Video Prevention Act the use of any recording devices is prohibited in the locker rooms.

AWARDS: None

FOOD: A selection of hot and cold food and beverages will be available in the cafeteria. No food allowed in pool area.

SWAT Senior Circuit & Age Group Distance Meet

April 25, 2009

Saturday AM Senior Circuit Session

13 & Over Swimmers Only – Entry Limit 4 Events

Warm-ups: 8:00 AM - Meet begins 9:10 AM

<u>Womens Event #</u>	<u>Event Description</u>	<u>Mens Event#</u>
1	13& Over 100 Freestyle	2
3	13 & Over 200 Butterfly	4
5	13 & Over 500 Freestyle	6
7	13 & Over 100 Breaststroke	8
9	13 & Over 200 Backstroke	10
11	13 & Over 50 Freestyle	12
13	13 & Over 400 IM	14
15	13 & Over 200 Freestyle	16
17	13 & Over 100 Butterfly	18
19	13 & Over 200 Breaststroke	20
21	13 & Over 100 Backstroke	22
23	13 & Over 100 Freestyle	24
25	13 & Over 200 IM	26

5 Minute Out of Water Break

27	**13 & Over 1000 Freestyle (Swimmers must provide timers/counters)	28
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Saturday PM Age Group Distance Session

12 & Under Swimmers Only – Entry Limit 3 Events

Warm-ups: Immediately Following the AM Session for 45 Minutes

<u>Girls Event #</u>	<u>Event Description</u>	<u>Boys Event#</u>
29	12 & Under 200 Butterfly	30
31	12 & Under 200 Freestyle	32
33	12 & Under 400 IM	34
35	12 & Under 200 Backstroke	36
37	12 & Under 200 Breaststroke	38
39	12 & Under 200 IM	40

5 Minute Out of Water Break

41	**12 & Under 1000 Freestyle	42
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Both Sessions: The 400 IM/ 500 Free are positive check in and may be limited to the top 30 entered times. Swimmers in the 500 Free need to provide counters.

The 1000 Freestyle is positive check in and may be limited to the top 20 entered times.

**Swimmers swimming the 1000 Free need to provide counters and timers. 1000 will be swum fastest to slowest alternating women and men.

All Events will be timed finals.