

NEW BERLIN SWIM CLUB PRACTICE SCHEDULE

September 15th through November 14th, 2008

Age Groups

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>NB West</i>	<i>NB Eisenhower</i>	<i>NB West</i>	<i>NB West</i>	<i>NB West</i>
Bronze	5:30pm - 6:30pm	5:30pm - 6:30pm	5:30pm - 6:30pm	5:30pm - 6:30pm	NO Practice
Silver	5:30pm - 6:45pm	5:30pm - 6:45pm	5:30pm - 6:45pm	5:30pm - 6:45pm	5:30pm - 6:30pm
Gold	5:30pm - 7:00pm	5:30pm - 7:00pm	5:30pm - 7:00pm	5:30pm - 7:00pm	5:30pm - 6:30pm

Seniors (A and B)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>NB West</i>	<i>NB Eisenhower</i>	<i>NB West</i>	<i>NB West</i>	<i>NB West</i>
6:30pm - 8:30pm	6:30pm - 8:30pm	6:30pm - 8:30pm	6:30pm - 8:30pm	5:00pm - 6:30pm

Senior Dry Land

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:30pm - 6:15pm	5:30pm - 6:15pm	NO dry land	5:30pm - 6:15pm	NO dry land

Practice Changes

9/23	ALL practices at WA Central: Bronze 6:00-7:00, Silver 6:00-7:15, Gold 6:00-7:30, Seniors 6:00-8:00
9/30	ALL practices at WA Central: Bronze 6:00-7:00, Silver 6:00-7:15, Gold 6:00-7:30, Seniors 6:00-8:00
10/1	Practice change due to HS meet
10/8	Practice change due to HS meet
10/15	Practice change due to HS meet
10/30	NO Practice

Check hotline for updates and changes: **414-243-3325**. Also check the website: www.nbswim.org

Coach Pete Phone Numbers: Cell/Hotline: 414-243-3325